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Yoga to be introduced in schools & colleges from next yr, says Samrat

Madan.Kumar
@timesofindia.com

Ranjeet Kumar

CM Samrat Choudhary, Union minister Lalan Singh and Bihar health minister Nishant Kumar participate in a yoga session in Patna on Sunday

Patna: CM Samrat Choudhary on Sunday announced that yoga would be introduced in the curricula of schools and colleges across Bihar from next year as part of efforts to promote healthy living and take the practice to every household.

The announcement was made at the state-level International Day of Yoga programme at Patliputra Sports Complex in Kankarbagh, Patna, where large-scale yoga sessions were organised. Several ministers, including health minister Nishant Kumar, participated in the event.

Addressing the gathering, Choudhary described yoga as India's invaluable gift to the world and an integral part of the country's cultural heritage. He said physical training was already a component of the education system and yoga would now be incorporated into the curriculum to encourage a healthier lifestyle among students.

"Yoga is India's ancient and invaluable heritage and the basis of a healthy body, peaceful mind and balanced life," Choudhary said.

He said the initiative would help people lead healthier and happier lives while contributing to the vision of a healthy and prosperous India. Referring to Munger, Choudhary said it had emerged as a major centre for yoga, attracting people from across the world who later helped popularise the practice internationally.

The CM said the Bihar govt was committed to promoting sports, health and youth welfare and urged people to make yoga a part of their daily routine.

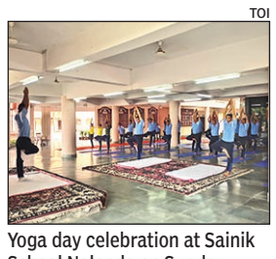
Speaking to reporters on the sidelines of the programme, Nishant said he had proposed the inclusion of yoga in the school curriculum to Choudhary.

He clarified that participation in yoga sessions would remain voluntary for students. "Students will be free to attend or skip yoga sessions. There will be no attendance rule," he said. The programme was also addressed by Union minister Rajiv Ranjan alias Lalan Singh and health secretary Kumar Ravi.

Among those present were deputy CM Vijay Kumar Chaudhary, Union minister Ramnath Thakur, MLCs Mangal Pandey and Anil Sharma, MLA Sanjay Kumar Gupta, Patna mayor Sita Sahu, chief secretary Pratyaya Amrit and other senior officials.

Teachers, cadets join yoga session at Sainik School

Faryal.Rumi
@timesofindia.com


TOI

Yoga day celebration at Sainik School Nalanda on Sunday

Patna: Sainik School Nalanda observed the 12th International Day of Yoga with a yoga session attended by cadets, teachers, staff members, and school officials. The programme began with a yoga prayer, followed by the practice of various yoga postures, pranayama, and meditation techniques.

Officiating principal Lt Col Deepak Singh Thakur participated in the session and highlighted the importance of yoga in promoting physical fitness, mental well-being, and spiritual growth. He described yoga as a priceless gift of Indian culture and encouraged everyone to incorporate it into their daily routine.

Under the guidance of CHM Mrigendra Lahiri, PTI, participants practised several asanas, including Tadasana, Vrikshasana, Bhujangasana, Vajrasana, and Pavanamuktasana. Breathing exercises such as Anulom-Vilom and Kapalabhati, along with meditation, were also conducted.

Embracing the theme "Yoga for healthy ageing," the school community pledged to adopt a healthier and more balanced lifestyle through regular yoga practice. Administrative officer Lt Col S H Madhukar, along with teachers, administrative staff, and other employees, was also present during the event.

Bihar woos investors for sugar, ethanol and bio-energy projects

Abhay Singh | TNN

Patna: A high-level team of officials from the state sugar cane department, led by cane industry minister Sanjay Kumar Paswan, held a series of consultative meetings over the last two days in Pune (Maharashtra), with representatives of the sugar and ethanol industry from both the cooperative and private sectors to attract investments in Bihar's sugar, ethanol and bio-energy sectors.

"The main aim of the tour and consultative meetings was to explore new opportunities for the modernisation of Bihar's sugar industry and the expansion of the ethanol and bio-energy sectors. The aim was also to attract and invite investments in agro-based industries and thereby increase the income of farmers," Paswan said. He added that visits to Pune-based sugar mills were also organised as part of the programme.

PUNE OUTREACH

On Saturday, the Bihar delegation visited the Vasantdada Sugar Institute, where members received first-hand information on high-productivity sugar cane varieties, sustainable sugar cane cultivation, modern farming techniques, the functioning of co-operative sugar mills, and tissue culture-based plant production methods developed by the institute.

Later, representatives of Tirhut Udyog Private Limited and Sigma S LLP, Pune, organised a high-level interactive meeting with investors at the Pune Residency Club.

Discussions focused on the establishment of sugar mills in Bihar, revival of closed sugar mills, promotion of ethanol production, co-generation of bio-CNG, setting up of modern gur (jaggery) industries, development of tissue culture-based plants and investment opportunities in the sector. On Sunday, the Bihar team visited the Daund Sugar Mill.

The delegation also included cane commissioner Anil Kumar Jha and joint cane commissioner Vedvrat Kumar. They held interactive sessions with representatives of sugar mills and investors in Pune, who expressed interest in investing in Bihar's sugar industry sector.

DIGEST

Girl preparing for exams found dead in Siwan

A 21-year-old girl preparing for the police constable recruitment examination was found dead in her rented room in Panchmandira locality under Town police station area of Siwan district on Sunday morning. The deceased was identified as Soni Kumari, daughter of Lalit Ram, a resident of Baldiha village under Jamo police station area. She was living in a rented room in Siwan town while preparing for competitive examinations.

Missing youth found dead: The body of a 23-year-old youth, missing since June 19, was recovered from a deserted house at Khurmabad village under Mufassil police station in Siwan district on Saturday night. The deceased has been identified as Babu Hasan, son of Ahmad Ali. Family members alleged that Hasan was murdered by his associates following a dispute over smack. According to the family, Hasan had left home on Friday afternoon. Locals informed them about a foul smell emanating from a room in a deserted house in Khurmabad, where his body was found.

Youth's body found in Bihta area: A 22-year-old youth was found dead under mysterious circumstances in a house under construction in Sadisopur village under Bihta police station area of Patna district on Sunday. The deceased was identified as Mohammad Chand, son of Mohammad Pappu Ansari, a resident of Gonwa village. According to family members, Chand had left his home on his motorcycle on Saturday evening after being called by some friends. When he failed to return late at night, his relatives began searching for him.

Man found dead in car: A man was found dead under suspicious circumstances inside a car on Road No. 1 in Patna's Gardanibagh area on Sunday evening. The deceased was identified as Ravi Kumar, a resident of Bokaro in Jharkhand, who worked as a driver. According to the car owner, Ravi had taken the vehicle around 10 am, saying he was going out to eat. When he did not return, a search was launched. The car was later found parked on Road No. 1 with Ravi's body inside.

Jewellery theft gang busted in Bhojpur; 4 held

Praveen | TNN

Ara: Bhojpur police on Sunday busted a jewellery theft gang from Patna that had been targeting women in busy market areas of Ara.

Police recovered around 120 grams of gold ornaments worth about Rs 18 lakh, nearly 1.7kg of silver valued at close to Rs 5 lakh, Rs 1.66 lakh in cash and five cellphones from the arrested accused. The SUV used by the gang to transport stolen jewellery from Ara to Patna was also seized.

Ara Town SHO Devraj Rai said four persons — Md Saddam of Sultanganj, Lallu Kumar of Gopalpur area and two women — all residents of Patna — have been arrested in the case. According to police, the gang operated in crowded markets and specifically targeted women leaving jewellery shops. The modus operandi involved the two women colliding or deliberately nudging victims and stealing jewellery from their bags without raising suspicion.

STOLEN ITEMS SEIZED

Elaborating, the SHO said the gang was involved in a case reported on April 24 at Gopali Chowk. The accused were nabbed from Patna, he added.

Bhojpur man death case: RJD seeks action, ₹1 crore compensation

Praveen | TNN

TOI

RJD functionaries meet the family members of Bharat Tiwari at Bilauti village in Bhojpur district on Sunday

Ara: An RJD fact-finding committee on Sunday visited Bilauti village under Shahpur police station in Bhojpur district to investigate the death of Bharat Tiwari, which the party alleged was a fake police encounter.

Led by former assembly Speaker Uday Narayan Choudhary, the delegation met family members, local residents and eyewitnesses and inspected the site of the incident.

Addressing the reporters, Choudhary said, "Prima facie, the case appears extremely serious. Safeguarding the life and constitutional rights of every citizen is the responsibility of the state in a democracy. According to statements from family members, eyewitnesses and available evidence, the incident appears to be a fake encounter."

He demanded strict legal action against the police personnel allegedly involved and called for a judicial or independent high-level inquiry into the case.

Choudhary said the committee would prepare a report and submit it to leader of opposition Tejashwi Prasad Yadav. "The victim's family should get justice through a fair inquiry and not through a mere formality," he said.

Other committee members said violation of a citizen's constitutional rights in the name of maintaining law and order was unacceptable. They said the party would continue to raise the issue until justice was delivered. The delegation demanded compensation of Rs 1 crore for the victim's family and a govt job for one family member. During the visit, the RJD functionaries also met the family of martyr Danish Alam in Koilwar and expressed condolences over his death in a aircraft crash in Assam.

₹10-cr revenue, but Dumraon station lacks usable toilets

K Kamlesh | TNN

Buxar: Despite earning nearly Rs10 crore in 2025-26, Dumraon railway station continues to suffer from a severe lack of basic amenities, with passengers alleging that not a single toilet at the station is fit for use. According to railway records, the station generated revenue of Rs9.95 crore during the last financial year.

Thousands of passengers use the station every day, yet clean and functional toilets remain unavailable.

POOR FACILITIES

The only toilet currently accessible at the western end of the station is in such poor condition that passengers avoid going near it. Locals claim it has not been cleaned for months. "There is no toilet here that a passenger can use with dignity. We pay for tickets but are denied even basic facilities," said commuter Ravi Lala.

When contacted, Dumraon railway station manager Pravin Kumar stated on the instructions of inspector of works Manoj Kumar Rajak, the station toilets have remained closed due to ongoing repair work.

Prohibition breach allegations surface at Samastipur govt office, Muz hosp

Kshitiz@timesofindia.com

Patna: In a state where liquor has been banned for a decade, prohibition violations have surfaced within two public institutions in quick succession — a district-level govt office in Samastipur and north Bihar's largest govt hospital in Muzaffarpur.

A video purportedly showing employees consuming liquor inside the Samastipur Zila Parishad office went viral on social media on Sunday, just days after two people were arrested for allegedly drinking liquor inside Sri Krishna Medical College and Hospital (SKMCH) in Muzaffarpur.

The viral footage shows three people allegedly consuming liquor around a table while four people are seated inside a room. A liquor bottle and glasses containing liquor can also be seen on the table. The authenticity of the video has not been officially verified, but district authorities have launched an inquiry.

Samastipur deputy development commissioner Surya Pratap Singh said, "The viral video has come to my notice. We are verifying its authenticity. If the video is genuine and staff involvement is confirmed, strict action will be taken against those found guilty."

Earlier, on June 18, police recovered country-made liquor from an orthopaedic ward of SKMCH after patients complained that relatives of an admitted patient had been consuming liquor on the hospital premises for several days.

According to patients, liquor was allegedly brought into the ward concealed in water bottles and soft drink containers. Following a complaint, SKMCH outpost police conducted a search and recovered country-made liquor from a soft drink bottle kept in a bag.

The patient's father and brother were arrested and sent to judicial custody. Police are investigating how liquor entered the hospital premises and whether others were involved.

SKMCH superintendent Dr Mahesh Prasad said, "The hospital is a place for treatment. Such activities will not be tolerated at any cost. An FIR will be lodged and legal action taken against those found guilty." He added that responsibility would also be fixed if negligence by hospital staff was established.

SKMCH outpost in charge Pintu Kumar said police were investigating the route through which liquor was brought into the hospital and any possible collusion.

Liquor seized from tractor-trolley in Bettiah

Police in West Champaran district on Sunday seized around 480 litres of Indian Made Foreign Liquor (IMFL) concealed under a heap of weeds in an abandoned tractor-trolley in Maldi village under Shikarpur police station limits.

According to police, the tractor-trolley was parked in an agricultural field under suspicious circumstances. Local youths, who noticed the unattended vehicle, inspected it and found cartons of liquor hidden beneath the weeds. The information spread quickly, drawing a large number of villagers to the spot before police were informed.

Dilip Kumar | TNN

Teen assaulted, forced to drink acid in B'sarai

Rajiv Kumar | TNN

Begusarai: A 15-year-old boy was allegedly forced to consume acid in Begusarai district on Saturday, leaving him critically injured during a dispute over stolen jewellery.

The victim, identified as Raushan Kumar, a resident of Pokharia locality under Balia police station area, is undergoing treatment at Begusarai sadar hospital. Doctors said his condition remains serious. Family members alleged that the incident was linked to a recent case of theft within the boy's house.

According to Raushan's uncle, Dharmveer Yadav, the teenager had stolen ornaments belonging to his sister and had kept them with a friend, identified as Sajan.

Begusarai SP Manish on Sunday said, "The victim has named one person besides two others who forcefully administered him acid."

Erratic power supply leaves Buxar and Dumraon residents fuming

K Kamlesh | TNN

File photo

Power supply remains disrupted from 10pm to 1am every night

Buxar: Erratic power supply in Buxar and Dumraon towns, especially at night, has left residents struggling during the extreme heat. Consumers in Dumraon's Thatheri Bazar area alleged that prolonged outages have become routine over the past week.

"Every night, power supply remains disrupted from around 10pm to 1am. The problem is mainly affecting Thatheri Bazar. Even when we call the junior engineer, our calls go unanswered," said Bhashmaker Dubey, a resident of Thatheri Bazar Road.

Another consumer, Abhishek Tiwari, expressed frustration and demanded immediate administrative intervention. "The authorities should take prompt action and replace the official concerned if the problem cannot be resolved," he said.

Meanwhile, the deteriorating condition of the Buxar Industrial Power House has exposed serious gaps in the electricity distribution system. Inadequate manpower and lack of resources led to chaotic scenes on Saturday night.

According to residents, nearly two dozen consumers reached the powerhouse around 1am on Sunday to lodge complaints of burnt wires, blown fuses and local faults affecting supply across the town. Some consumers allegedly warned that restoration work in certain areas would not be allowed unless their grievances were addressed first.

At the time, only two technicians — Bablu and Gulab — were on duty to handle complaints from a large part of the town. With no official vehicles available, several consumers used their own vehicles to transport technicians to fault locations, leading to heated arguments at the facility.

Residents alleged that senior engineers were unavailable and that the utility lacked adequate manpower, equipment and emergency response systems.

"There are dedicated teams to conduct raids against power theft, but when genuine consumers face outages, there is a shortage of staff to restore supply," a resident said. They also claimed that poor-quality infrastructure — including wires, transformers and other distribution equipment — is unable to withstand increased load during extreme heat.

2 years on, traffic challan row continues

Alok Chamaria | TNN

File photo

Sasaram: More than two years after a Rs 4,000 traffic challan was issued against his motorcycle for allegedly not having valid insurance, local trader Sunil Kumar Gupta is still awaiting a resolution despite producing insurance documents.

According to Gupta, a challan was issued on March 18, 2024, on the allegation that the vehicle was being operated without valid insurance. He claimed that the motorcycle was duly insured on that date and that he possesses documents to prove it.

DSP (traffic) Amar Kant said the matter had been examined and documents related to the challan had been forwarded to the authorities concerned in Patna around two months ago. "The case appeared to involve an error and required corrective action," Amar said, adding that local traffic authorities do not have the power to cancel the challan and the matter must be decided by higher authorities.

AMAR KANT

The case appeared to involve an error and required corrective action

DSP (TRAFFIC)

Gupta said he approached the traffic police station about a week later with the insurance papers, expecting the matter to be resolved. Instead, he alleged that another challan was issued in connection with the same issue.

He claimed he has since made repeated visits to offices and submitted documents to establish that the insurance was valid, but the challan remained active in the system. "This is no longer about Rs 4,000. It is about justice. If I had made a mistake, I would have paid the penalty long ago. But why should I pay for an error that was not mine?" Gupta said.

Gupta alleged that some people advised him to settle the matter by paying about Rs 2,000 under a one-time settlement scheme, but he refused.

बैंक ऑफ़ इंडिया Bank of India BOI

SALE NOTICE FOR SALE OF IMMOVABLE/MOVABLE PROPERTIES

Zonal office, 2nd Floor, Yamuna Complex, Mithanpura Chowk, Muzaffarpur (Bihar)-842002

E-Auction Sale Notice for Sale of Immovable/movable Assets under the Securitization and Reconstruction of Financial Assets and Enforcement of Security Infterest Act, 2002 read with provision to Rule 8 (6) of the Security Interest (Enforcement) Rule, 2002

Notice is hereby given to the public in general and in particular to the Borrower(s) and Guarantor (s) that the below described immovable/ movable property mortgaged/charged to the Secured Creditor, the **constructive/Symbolic possession** of which has been taken by the Authorized officer of Bank of India (Secured creditor), will be sold on **"As is where is", "As is what is" and "Whatever there is"** on the date mentioned below, for recovery of dues as mentioned hereunder to Bank of India from the below mentioned Borrowers(s) & Guarantor (s). The Reserve Price and the Earnest Money Deposit are also mentioned hereunder:

Name of the Borrower & Guarantor/s

01. Branch : Hirauta Duma Branch, **Name of Borrower & Guarantor : M/s Maimun Nisha, Prop. Md. Neyaj Ahmed Khan, at Sheohar, PS + Anchal- Sheohar, Dist.- Sheohar,**
Outstanding Amount : Rs. **7.08 Lakh** with interest + other Expenses.,
Date of Demand Notice Section 13(2) :-15.10.2018 , Date of Possession Notice Section.13(4)- 12.10.2019
Description of the property: All Property is in the name of Md. Neyaz Ahmed Khan, S/o Late Abdul Rauf Khan, at Sheohar, PS. + Anchal-Sheohar, Ward No.-07, Thana No.-163, Dist.- Sheohar, Khata No.-04, Plot No.-4002, 3945, Area - 2.66 Decimal, Boundary: North:Madan Bari, South: Road, East-Faijan Ahmad Khan, West- Sekh Mozib
Reserve Price : Rs. **19.25** Lakh , **Earnest Money to be deposited :** Rs.**1.93** Lakh

02. Branch : Hirauta Duma Branch, **Name of Borrower & Guarantor :** Mr. Vikash Kumar Pandey S/o Mr. Arvind Pandey, At. Beldumarwana, PS + Block- Bairganiya, Dist.- Sitamarhi, Guarantor - Mr. Ram kishore Mishra, S/o Mr. Uma Shankar Mishra
Outstanding Amount : Rs. **18,77,000/- +** interest & other Expenses.,
Date of Demand Notice Section 13(2) :- 07-05-2021 , Date of Possession Notice Section.13(4)- 05.08.2021
Description of the property: Land in the name of Guarantor Mr. Ram Kishore Mishra, S/o Mr. Umashankar Mishra, at. Beldumarwana, PS + Block- Bairganiya, Dist.- Sitamarhi, Khata No.-1649, 1652, Khesra No.-9723, 9750, 9749, Thana No.-08, Sale Deed No.- 169 dated 23.01.2004, Area : 26.50 Dec., Boundary : North- Chandeshwar Jha & Vinod Jha, South- Khesra No.-9702 (Nij), East-Gunjeshwar Pandey & Awadesh Pandey, West.- Road 8 Feet
Reserve Price : Rs. **20.52** Lakh , **Earnest Money to be deposited :** Rs. **2.06** Lakh

03. Branch : Hirauta Duma Branch, **Name of Borrower & Guarantor :** M/s Siddhi Uma Telecom, Prop. Mr. Ram Kishore Mishra, S/o Mr. Uma Shankar Mishra at.- Beldumarwana, PS + Block- Bairganiya, Dist.- Sitamarhi
Outstanding Amount : Rs. **16,19,000/- +** interest **&** other Expenses.,
Date of Demand Notice Section 13(2) :- 10.05.2021 , Date of Possession Notice Section.13(4)- 04.09.2021
Description of the property: equitable Mortgage Land in the name of Mr. Ram Kishore Mishra S/o Mr. Uma Shankar Mishra, at Beldumarwana, PS+ Block- Bairgania, Dist.- Sitamarhi, Thana No. 08, Sale Deed No.- 377 dated 11.12.1981, Khata No.- 1649, KhesraNo.- 9723, 9747 & 9746, Area: 48.50 Dec., Boundary: North- Nij, South- Uma Shankar Mishra, East-Awadhesh Pandey & Raghunath sah, West.- Rasta
Reserve Price : Rs. **37.52** Lakh , **Earnest Money to be deposited :** Rs.**3.76** Lakh

04. Branch : Kanti TPC Branch, **Name of Borrower & Guarantor : Md. Azad Khan S/o Md. Salim & Md. Salim S/o Late Bilat Miyan At Sain Brijlal Po-Sain Ps-Kanti Dist-Muzaffarpur**
Outstanding Amount : Rs. **7,06,000/- +** interest **&** other Expenses.,
Date of Demand Notice Section 13(2) :- 03.01.2026 , Date of Possession Notice Section.13(4)- 22.04.2026
Description of the property: Property is in the name of Md Salim S/o Late Bilat Miyan,Situated at Mauza-Saion Brijlal, Thana-Kanti, District-Muzaffarpur, khata no:-166, Khesra No:-951mi, Thana No:-86, Sale Deed No.- 12918 dated 12.07.1984, Area-7.00 Decimal. Boundary - North - Sarif Miya Emroje Kharidar haja, South - Suresh Ray Emnroje Kharidar B. No. Haja, East - Nij Manmokir, West - Road
Reserve Price : Rs. **11.96** Lakh , **Earnest Money to be deposited :** Rs.**1.20** Lakh

TERMS & CONDITIONS:-
1. Date, Time of E- auction : 28.07.2026, 11.00AM to 5.00 PM. Followed by three extensions of 10 minutes
2. Last date & time of submission of Earnest Money Deposit (EMD) : 27.07.2026 till 5.00 P.M.,
3. inspection Date & Time of the property : 27.07.2026 till 5.00PM
4. Please Contact for more Information :- Zonal Office, Muzaffarpur, Mob. - 7980162782
5. 15/30 days sale notice to Borrowers/Guarantors has already has been sent/ to be send by Regd. Post at their last known address. In case they do not receive the said notice then this E-auction sale Notice may be treated as substituted mode of Service.

For detailed terms and conditions of the sale, please refer to the link provided in Bank of India, Secured creditor website i.e. https://baanknet.com

Place: Muzaffarpur
Date:21.06.2026

Authorized Officer
Bank of India

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